



## Breakfast Menu May 2019

## High School

Monday	Tuesday	Wednesday	Thursday	Friday
		1 <b>Whole Grain Hot Cinnamon Roll</b> with Hard Boiled Egg Raisins	2 <b>Whole Grain Maple Buttermilk Pancakes</b> & 100% Fruit Juice Cup	3 <b>Yogurt Bar</b> Low Fat Yogurt with Granola Whole Grain Muffin and Choice of Fruit
6 <b>Whole Grain Apple Frudel</b> 100% Fruit Juice Cup	7 <b>Whole Grain Blueberry Waffles</b> With Banana	8 <b>Whole Grain Croissant</b> With Hard Boiled Egg And Orange Wedges	9 <b>Whole Grain French Toast</b> & 100% Fruit Juice Cup	10 <b>Yogurt Bar</b> Low Fat Yogurt with Granola Whole Grain Muffin and Choice of Fruit
13 <b>Whole Grain Mini Bagels with Cream Cheese</b> Strawberry Craisins	14 <b>Whole Grain Honey Corn Biscuit</b> with Chicken Sausage Orange Wedges	15 <b>Whole Grain Hot Cinnamon Roll</b> with Hard Boiled Egg Raisins	16 <b>Whole Grain Maple Buttermilk Pancakes</b> & 100% Fruit Juice Cup	17 <b>Yogurt Bar</b> Low Fat Yogurt with Granola Whole Grain Muffin and Choice of Fruit
20 <b>Whole Grain Apple Frudel</b> 100% Fruit Juice Cup	21 <b>Whole Grain Blueberry Waffles</b> With Peach Cup	22 <b>Whole Grain Croissant</b> With Hard Boiled Egg And Orange Wedges	23 <b>Whole Grain French Toast</b> & 100% Fruit Juice Cup	24 <b>Yogurt Bar</b> Low Fat Yogurt with Granola Whole Grain Muffin and Choice of Fruit
27 <b>All Schools Closed Memorial Day</b>	28 <b>Whole Grain Honey Corn Biscuit</b> with Chicken Sausage Orange Wedges	29 <b>Whole Grain Hot Cinnamon Roll</b> with Hard Boiled Egg Raisins	30 <b>Whole Grain Maple Buttermilk Pancakes</b> & 100% Fruit Juice Cup	31 <b>Yogurt Bar</b> Low Fat Yogurt with Granola Whole Grain Muffin and Choice of Fruit

### Daily Breakfast Offerings

Assorted Fresh or Dried Fruit, String Cheese, Animal Crackers, Whole Grain Cereal, Fat Free Chocolate and Low Fat 1% Milk

**Note: Menu Subject to Change**

**Please discuss any food allergy issues concerning your child with the Food Service Director.**

This Institution is an Equal Opportunity Employer.